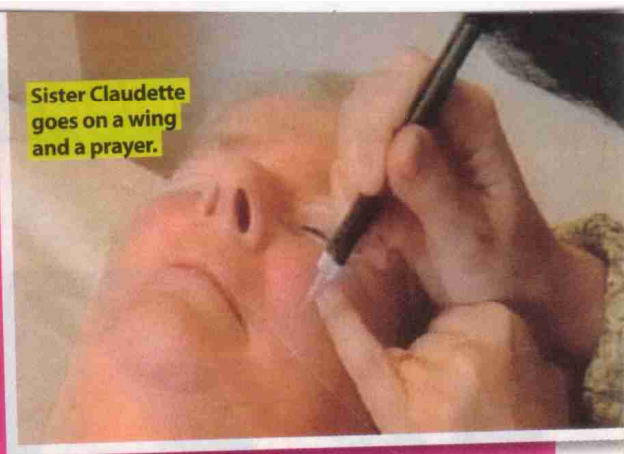


Divine makeover

Sister Claudette undergoes a transformation in a new series

Sister Claudette goes on a wing and a prayer.



In good hands going under Dr Scheibner's knife...



... receiving divine intervention of a very modern kind!



The first patient in the Seven Network's new "ultimate transformation" series *The Body Specialists* is someone you would never expect to see on this kind of show – she's a nun.

But the show isn't just about cosmetic surgery. It also features patients having treatments for health reasons, like Sister Claudette, who receives important laser resurfacing from Dr Adriana Scheibner.

Her treatment was to get rid of skin cancers on her face. "Skin cancers are a real problem in Australia, especially for people around my age," she says. "If left untreated, they could be deadly."

Sister Claudette says the procedure is primarily about health, not vanity – but she did discover a side benefit. "People commented that my face looks fresher, softer and more youthful. I'm rejoicing in a younger-looking me!"

Another patient featured in the first episode will be familiar to people who watched the Seven special *Ultimate Transformations* on May 2. Steven, a 31-year-old panel beater who lost 94kg, was left with excess folds of skin and wanted a total body lift.

"If somebody loses a significant amount of weight, they tend to get

It wasn't for vanity, but it didn't hurt!



excess skin hanging in loose folds, lots of stretch marks, everything dropping," says plastic surgeon Dr Mark Kohout, who carried out the surgery on Steven.

He believes plastic surgery is much more out in the open than it was 10 or 15 years ago. "People want to know about it. And really, I think it's starting to be seen as extension of a lot of accepted beauty regimes," he says.

"It's almost become a continuum, from having your hair done, having facials, having your make-up done, it's really only a small step to having botox or dermal fillers. From there, it's not that big a jump into surgery."

■ *The Body Specialists*, Thursdays, 8pm, Seven/Prime

"From having botox, it's not that big a jump into surgery"

Dr Mark Kohout

